

# The Five Pou

The pillars, or service areas, supporting Whānau Resilience

## Strengthen cultural identity and whakapapa

Support whānau to develop their sense of identity within their whānau, hapu and iwi and within te ao maori, and whakamana whānau to take charge of their own destiny

## Strengthen social capability and community connection

Grow community capacity and capability to support and sustain change

## Support behaviour change for men and people using violence

Respectfully challenge men and those using violence to take responsibility for their behaviour, and provide on-going strengths-based, culturally responsive support which helps people heal and chose to not use violence

## Support trauma healing and recovery from violence

Use a trauma-informed analysis of family violence which acknowledges the intergenerational nature of family violence and the devastating impacts this has on those directly affected or exposed to it

## Create healthy relationships and skills

Create opportunities to build skills, knowledge and experiences to enable strong, positive and respectful relationships in parents, partners, whānau and communities

